NOVEMBER
BREAKFAST MENU

Monday	Tuesday	Wednesday	Thursday	Friday
2 **NO SCHOOL**	**3** **NO SCHOOL**	**4** Toasted Whole Wheat English Muffins Jelly Chilled Pears Organic Milk	**5** Corn Flakes w/Apples & Raisins Organic Milk	**6** Whole Grain Pancakes Mixed Berries Organic Milk
9 Whole Grain Waffles Chilled Peaches Organic Milk	**10** Yogurt w/ Whole Grain Granola Blueberries Organic Milk	**11** Toasted Oat Cereal Fresh Apple Slices Organic Milk	**12** Banana Bread Muffins Blueberries Organic Milk	**13** Turkey Sausage Breakfast Potatoes Fresh Orange Wedges Organic Milk
16 Cinnamon Raisin Bread Fresh Orange Wedges Organic Milk	**17** Whole Grain Pancakes Cinnamon Apples Organic Milk	**18** Yogurt w/ Whole Grain Granola Blueberries Organic Milk	**19** Bagel w/ Cream Cheese Fresh Orange Wedges Organic Milk	**20** Breakfast Pizza (Toasted Whole Wheat English Muffin, Cream Cheese& Assorted Toppings) Pineapple Organic Milk
23 Bagel w/ Cream Cheese Fresh Orange Wedges Organic Milk	**24** Whole Grain French Toast Sticks Apple Sauce Organic Milk	**25** **NO SCHOOL**	**26** **NO SCHOOL**	**27** **NO SCHOOL**
30 Whole Grain Waffles Applesauce Organic Milk				

Additionally, GPS menus contain more of the following healthy menu items: organic milk, juices that are 100% juice and contain no dyes, whole grain pasta, whole grain and whole wheat breads, low-fat cheese, all-natural applesauce, diced fruits stored in juice (not syrup).

- This menu is subject to change due to unforeseen circumstances.

NOVEMBER

SNACK MENU



Monday	Tuesday	Wednesday	Thursday	Friday
2 **NO SCHOOL**	**3** **NO SCHOOL**	**4** **AM** Whole Grain Goldfish **PM** Whole Wheat Tortilla with Sun Butter	**5** **AM** Cheez-It **PM** Fruit and Provolone Cheese	**6** **AM** Hummus and Pita Bread **PM** Carrots and Crackers w/ Ranch Dressing
9 **AM** Corn Chex Cereal and Mandarin Orange **PM** Bagel w/ Cream Cheese & Jelly	**10** **AM** Seasonal Fruit and Berry Animal Crackers **PM** Crackers and Applesauce	**11** **AM** Whole Grain Goldfish **PM** Whole Wheat Tortilla with Sun Butter	**12** **AM** Cheez-It **PM** Fruit and Provolone Cheese	**13** **AM** Hummus and Pita Bread **PM** Carrots and Crackers w/ Ranch Dressing
16 **AM** Whole Grain Goldfish with Fresh Fruit **PM** Graham Crackers and Mandarin Orange	**17** **AM** Vanilla Yogurt and Pineapple **PM** Fruit and Cheese	**18** **AM** Berry Animal Crackers and Diced Peaches **PM** Cheddar Cheese Crackers and Cucumber Slices	**19** **AM** Soft Pretzel and Cheese Sauce **PM** Crackers & Carrots w/ Ranch Dressing	**20** **AM** Cheez-It **PM** Whole Wheat Bread with Apple Butter
23 **AM** Carrots with Ranch Dressing and Crackers **PM** Berry Animal Crackers and Yogurt	**24** **AM** Mandarin Oranges and Ritz Crackers **PM** Trail Mix	**25** **NO SCHOOL**	**26** **NO SCHOOL**	**27** **NO SCHOOL**
30 **AM** Bagel w/Cream Cheese & Jelly **PM** Graham Crackers and Applesauce				

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NOVEMBER
LUNCH MENU



Monday	Tuesday	Wednesday	Thursday	Friday
2 **NO SCHOOL**	**3** **NO SCHOOL**	**4** Sandwich Roll Sliced Turkey &Provolone Cheese Lettuce Mayonnaise Fresh Fruit Organic Milk	**5** Beef Meatball Marinara Noodles Tossed Vegetable Salad Chilled Pears Organic Milk	**6** Cheese Pizza Salad w/Ranch Dressing Fresh Fruit Organic Milk
9 Cheeseburger Whole Grain Bun Tater Tots Fresh Fruit Organic Milk	**10** Whole Grain French Toast Turkey Sausage Pineapple Organic Milk	**11** BBQ Meatballs Corn Bread Green Beans Apples Slices Organic Milk	**12** Beefaroni Shredded Mozzarella Cheese Green Peas Applesauce Organic Milk	**13** Chicken Tenders Salad with Ranch Dressing Fresh Bananas Organic Milk
16 Cheese Quesadilla Black Beans Mandarin Oranges Organic Milk	**17** Breaded Chicken Patty Whole Grain Bun Peas Fresh Apple Slices Organic Milk	**18** Whole Grain Pancakes Turkey Sausage Apple Sauce Organic Milk	**19** Beef Meatball Marinara Noodles Tossed Vegetable Salad Chilled Pears Organic Milk	**20** Cheese Pizza Salad w/Ranch Dressing Fresh Fruit Organic Milk
23 Chicken Burger Whole Grain Bun Broccoli Chilled Peaches Organic Milk	**24** Turkey Taco Whole Grain Tortilla Shredded Cheese Lettuce Sour Cream Organic Milk	**25** **NO SCHOOL**	**26** **NO SCHOOL**	**27** **NO SCHOOL**
30 Macaroni and Cheese Steamed Broccoli Slice Apples Organic Milk				

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