

## December



#### **Breakfast Menu**

Monday	Tuesday	Wednesday	Thursday	Friday
Bagel w/ Cream Cheese Fresh Orange Wedges Organic Milk	Whole Grain French Toast Sticks Apple Sauce Organic Milk	Cornflakes Fresh Bananas Organic Milk	Whole Grain Pancakes Apple Sauce Organic Milk	Blueberry Muffins Chilled Peaches Organic Milk
Whole Grain Waffles Applesauce Organic Milk	Banana Bread Muffins Blueberries Organic Milk	Cinnamon Raisin Bread Fresh Bananas Organic Milk	Whole Grain Bread Sun Butter Fresh Bananas Organic Milk	Toastio cereal Chilled Peaches Organic Milk
Whole Grain French Toast Sticks Applesauce Organic Milk	Rice Krispie Cereal Fresh Bananas Organic Milk	Toasted Whole Wheat English Muffins Jelly Chilled Pears Organic Milk	Corn Flakes w/Apples & Raisins Organic Milk	Whole Grain Pancakes Mixed Berries Organic Milk
22	23	24	25	26
NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL
29	30	31		
NO SCHOOL	NO SCHOOL	NO SCHOOL		

Additionally, GPS menus contain more of the following healthy menu items: organic milk, juices that are 100% juice and contain no dyes, whole grain pasta, whole grain and whole wheat breads, low-fat cheese, all-natural applesauce, diced fruits stored in juice (not syrup).

• This menu is subject to change due to unforeseen circumstances.



### December

#### **Snack Menu**

Monday	Tuesday	Wednesday	Thursday	Friday
AM Carrots with Ranch Dressing and Crackers PM Berry Animal Crackers and Yogurt	AM Apple Slices, Pretzels, and Sun Butter  PM Trail Mix	AM Cheddar Cheese and Diced Pears  PM Carrots and Crackers with Ranch Dressing	AM Cheerios cereal and Organic Milk PM Bagel w/ Cream Cheese & Jelly	AM Orange Slices and Ritz Crackers PM Fruit and Cheese
AM Bagel w/Cream Cheese & Jelly PM Graham Crackers and Applesauce	AM Sliced Cheddar Cheese and Ritz Crackers PM Seasonal Fruit and Sweet Potato Crackers	AM Berry Animal Crackers and Diced Peaches  PM Whole Wheat Bread with Apple Butter	AM Yogurt and Pineapple  PM Pretzels and Applesauce	AM String Cheese and Pretzels  PM Crackers and Orange Slices
AM Whole Grain Goldfish with Fresh Fruit PM Fruit and Cheddar Cheese Crackers	AM Yogurt and Mandarin Orange PM Cucumbers with Ranch Dressing and Crackers	AM Trail Mix  PM Graham Crackers and Pineapple	AM Crackers and String Cheese PM Cheddar Cheese Crackers and Orange Slices	AM Pretzels and Sun Butter  PM Corn Chex and Organic Milk
NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL
NO SCHOOL	NO SCHOOL	NO SCHOOL		

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# December Lunch Menu



Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	
Chicken Burger Whole Grain Bun Steamed Green Beans Chilled Peaches Organic Milk	Turkey Taco Whole Grain Tortilla Shredded Cheese Lettuce Sour Cream Organic Milk	Chicken Tenders Salad w/Ranch Dressing Fresh Bananas Organic Milk	Chicken Swedish Meatballs Egg Noodles Green Peas Fresh Orange Wedges Organic Milk	Cheese Ravioli Marinara Sauce Green Beans Chilled Pears Organic Milk
8	9	10	11	1:
Macaroni and Cheese Steamed Broccoli Diced Pears Organic Milk	Spanish Rice with Turkey and Shredded Cheese Sour Cream Chilled Peaches Organic Milk	Tomato Soup Rolls String Cheese Salad w/ Ranch Dressing Organic Milk	Baked Fish Sticks Steamed Broccoli Fresh Orange Wedges Organic Milk	Cheeseburger Whole Grain Buns Green Peas Chilled Pears Organic Milk
15	16	17	18	1
Lightly Breaded Chicken Nuggets Baked Potato Wedges Chilled Peaches Organic Milk	Vegetarian Taco: Black Beans Shredded Cheese Lettuce Yellow Corn Sour Cream Whole Grain Tortillas Organic Milk	Grilled Chicken Penne Pasta Alfredo Sauce Parmesan Cheese Broccoli Fresh Apple Slices Organic Milk	Cheese Ravioli Marinara Sauce Green Beans Tossed Vegetable Salad Organic Milk	Sandwich Roll Sliced Turkey & Cheese Lettuce Fresh Fruit Organic Milk
22	17	24	25	2
NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL
29	30	31		
NO SCHOOL	NO SCHOOL	NO SCHOOL		

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