

March Breakfast Menu



Monday	Tuesday	Wednesday	Thursday	Friday
3 Whole Grain Waffles Applesauce Organic Milk	4 Blueberry Muffins Fresh Apple Slice Organic Milk	5 Cinnamon Raisin Bread Fresh Bananas Organic Milk	6 Whole Grain Bread Sun Butter Fresh Bananas Organic Milk	7 Cheerios Chilled Peaches Organic Milk
10 Whole Grain French Toast Sticks Applesauce Organic Milk	11 Rice Krispie Cereal Fresh Bananas Organic Milk	12 Toasted Whole Wheat English Muffins Jelly Chilled Pears Organic Milk	13 Corn Flakes w/Apples & Raisins Organic Milk	14 Whole Grain Pancakes Mixed Berries Organic Milk
17 Whole Grain Waffles Chilled Peaches Organic Milk	18 Yogurt w/ Whole Grain Granola Blueberries Organic Milk	19 Toasted Oat Cereal Fresh Apple Slice Organic Milk	20 Banana Bread Muffins Blueberries Organic Milk	21 Turkey Sausage Breakfast Potatoes Fresh Orange Wedges Organic Milk
24 Cinnamon Raisin Bread Fresh Orange Wedges Organic Milk	25 Whole Grain Pancakes Cinnamon Apples Organic Milk	26 Yogurt w/ Whole Grain Granola Blueberries Organic Milk	27 Bagel w/ Cream Cheese Fresh Orange Wedges Organic Milk	28 Breakfast Pizza (Toasted Whole Wheat English Muffin, Cream Cheese & Assorted Toppings) pineapple Organic Milk
31 NO SCHOOL				

Additionally, GPS menus contain more of the following healthy menu items: organic milk, juices that are 100% juice and contain no dyes, whole grain pasta, whole grain and whole wheat breads, low-fat cheese, all-natural applesauce, diced fruits stored in juice (not syrup)

- This menu is subject to change due to unforeseen circumstances.



March Snack Menu



Monday	Tuesday	Wednesday	Thursday	Friday
3 AM Bagel w/Cream Cheese & Jelly *Dr. Seuss Snack: Strawberries & Banana "hats" PM Graham Crackers and Applesauce	4 AM Sliced American Cheese and Wheat Thins PM Seasonal Fruit & Vanilla Wafers	5 AM Teddy Grahams and Diced Peaches PM Whole Wheat Bread with Apple Butter	6 AM Whole Grain Cheerios and Organic Milk *Dr. Seuss Snack: Strawberries & Banana "hats" PM Bagel w/ Cream Cheese & Jelly	7 AM String Cheese and Pretzels PM Rice Krispie Treats and Orange Slices
10 AM Goldfish with Fresh Fruit PM Wheat Thins and Fruit	11 AM Vanilla Yogurt and Mandarin Orange PM Cucumbers with Ranch Dressing and Tortilla Chips	12 AM Trail Mix and Juice PM Graham Crackers and Pineapple	13 AM Cereal Bars and String Cheese PM Wheat Thins and Orange Slices	14 AM Pretzels and Sun Butter PM Corn Chex and Organic Milk
17 AM Corn Chex Cereal and Orange slices PM Bagel w/ Cream Cheese & Jelly	18 AM Seasonal Fruit and Vanilla Wafers PM Goldfish and Juice	19 AM Teddy Grahams and Banana PM Whole Wheat Tortilla with Sun Butter	20 AM Wheat Thins and Baby Carrots w/Ranch Dressing PM Fruit and Cheese	21 AM Applesauce and Pretzels PM Carrot Sticks and Pita Chips w/ Ranch Dressing
24 AM Goldfish with Fresh Fruit PM Rice Krispie Treats and Orange Slices	25 AM Vanilla Yogurt and Pineapple PM Fruit and Cheese	26 AM Teddy Grahams and Diced Peaches PM Wheat Thins and Cucumber Slices	27 AM Pretzels & Carrot Sticks w/ Ranch Dressing PM Vanilla Wafers and Fresh Fruit	28 AM Wheat Thins and Diced Pears PM Whole Wheat Bread With Apple Butter
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March Lunch Menu



Monday	Tuesday	Wednesday	Thursday	Friday
3 Whole Grain Macaroni and Cheese Steamed Broccoli Diced Pears Organic Milk	4 Whole Grain Spanish Rice with Turkey and Shredded Cheese Sour Cream Chilled Peaches Organic Milk	5 Tomato Soup String cheese Rolls Salad w/ Ranch Dressing Organic Milk	6 Whole Grain Cheese Ravioli Marinara Sauce Steamed Broccoli Fresh Orange Wedges Organic Milk	7 Cheeseburger Whole Grain Buns Green Peas Chilled Pears Organic Milk
10 Whole Grain Mac & Cheese Steamed Broccoli Chilled Peaches Organic Milk	11 Vegetarian Taco: Black Beans Shredded Cheese Lettuce Yellow Corn Sour Cream Whole Grain Tortillas Organic Milk	12 Sandwich Roll Sliced Turkey & Cheese Lettuce Fresh Fruit Organic Milk	13 Whole Grain Cheese Ravioli Marinara Sauce Green Beans Tossed Vegetable Salad Organic Milk	14 Sloppy Joes (Ground Beef) Whole Grain Hot Dog Buns Broccoli Pineapple Organic Milk
17 Cheeseburger Whole Grain Bun Tater Tots Fresh Fruit Organic Milk	18 Whole Grain French Toast Turkey Sausage Pineapple Organic Milk	19 Grilled Chicken Steamed Broccoli Brown Rice Mandarin Oranges Organic Milk	20 Beefaroni Shredded Mozzarella Cheese Green Peas Applesauce Organic Milk	21 Chicken Tenders Salad with Ranch Dressing Fresh Bananas Organic Milk
24 Baked Fish Sticks Steamed Broccoli Fresh Orange Wedges Organic Milk	25 Chicken Burger Whole Grain Bun Steamed Green Beans Chilled Peaches Organic Milk	26 Whole Grain Pancakes Chicken Sausage Apple Sauce Organic Milk	27 Chicken Meatball Marinara Whole Grain Noodles Tossed Vegetable Salad Chilled Pears Organic Milk	28 Breaded Chicken Patty Whole Grain Bun Peas Fresh Apple Slices Organic Milk
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