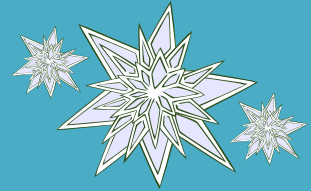


December

Breakfast Menu



Monday	Tuesday	Wednesday	Thursday	Friday
2 Bagel w/Cream Cheese Fresh Orange Wedges Organic Milk	3 Whole Grain French Toast Sticks Apple Sauce Organic Milk	4 Cornflakes Fresh Bananas Organic Milk	5 Blueberry Muffins Chilled Peaches Organic Milk	6 Whole Grain Pancakes Mixed Berries Organic Milk
9 Whole Grain Waffles Applesauce Organic Milk	10 Banana Bread Muffins Blueberries Organic Milk	11 Cinnamon Raisin Bread Fresh Bananas Organic Milk	12 Whole Grain Bread Sun Butter Fresh Bananas Organic Milk	13 Cheerios Chilled Peaches Organic Milk
16 Whole Grain French Toast Sticks Apple Sauce Organic Milk	17 Rice Krispie Cereal Fresh Bananas Organic Milk	18 Toasted Whole Wheat English Muffins Jelly Chilled Pears Organic Milk	19 Corn Flakes w/Apple & Raisins Organic Milk	20 Whole Grain Pancakes Mixed Berries Organic Milk
23 NO SCHOOL	24 NO SCHOOL	25 NO SCHOOL	26 NO SCHOOL	27 NO SCHOOL
30 NO SCHOOL	31 NO SCHOOL			

- This menu is subject to change due to unforeseen circumstances.

Additionally, GPS menus contain more of the following healthy menu items: organic milk, juices that are 100% juice and contain no dyes, whole grain pasta, whole grain and whole wheat breads, low-fat cheese, all-natural applesauce, diced fruits stored in juice (not syrup).



December

Snack Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2 AM Baby Carrots w/Ranch Dressing and Tortilla Chips PM Vanilla Yogurt and Wafers	3 AM Apple Slices, Pretzels, and Sun Butter PM Trail Mix and Juice	4 AM Wheat Thins and Chilled Diced Pears PM Baby Carrots and Pita Chips w/Ranch Dressing	5 AM Whole Grain Cheerios and Organic Milk PM Bagels w/ Cream cheese & Jelly	6 AM Orange Slices and whole Grain Ritz Crackers PM Fruit and cheese
9 AM Bagel w/Cream Cheese & Jelly PM Graham Crackers and Applesauce	10 AM Sliced American Cheese and Wheat Thins PM Seasonal Fruit and Vanilla Wafers	11 AM Teddy Grahams and Bananas PM Whole Wheat Bread w/ Apple Butte	12 AM Vanilla Yogurt and Chilled Pineapple PM Pretzels and Applesauce	13 AM String Cheese and Pretzels PM Rice Krispie Treats and Orange Slice
16 AM Goldfish with Fresh Fruit PM Rice Krispie Treat and Orange Slices	17 AM Vanilla Yogurt and Chilled Pineapple PM Fruit and Cheese	18 AM Teddy Grahams and Chilled Diced Peaches PM Wheat Thins and Cucumber Slices	19 AM Pretzels & Carrot Sticks w/Ranch Dressing PM Vanilla Wafers and Fresh Fruit	20 AM Wheat Thins and Chilled Diced Pears PM Whole Wheat Bread w/ Apple Butter
23 No School	24 No School	25 No School	26 No School	27 No School
30 No School	31 No School			29

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December Lunch Menu



Monday	Tuesday	Wednesday	Thursday	Friday
2 Chicken burger Whole Grain Bun Green Beans Chilled Peaches Organic Milk	3 Turkey Taco Whole Grain Tortilla Shredded Cheese Lettuce Sour Cream Organic milk	4 Chicken Tenders Salad w/ Ranch Dressing Fresh Bananas Organic milk,	5 Chicken Swedish Meatballs Egg noodles Green Peas Fresh Oranges Wedges Organic Milk	6 Whole Grain Cheese Ravioli Marinara Sauce Green Beans Pears Organic Milk
9 Whole Grain Macaroni and Cheese Steamed Broccoli Chilled Diced Pears Organic Milk	10 Whole Grain Spanish Rice w/ Turkey and Shredded Cheese Sour Cream Chilled Peaches Organic Milk	11 Tomato Soup Rolls String Cheese Salad w/ Ranch Dressing Organic Milk	12 Baked Fish Sticks Steamed Broccoli Whole Grain Rolls Fresh Orange Wedges Organic milk	13 Cheeseburger Whole Grain Buns Green Peas Chilled Pears Organic Milk
16 Lightly Breaded Chicken Nuggets Baked Potato Wedges Chilled Peaches Organic milk	17 Vegetarian taco: Black Beans Shredded Cheese Lettuce Sour Cream Whole Grain Tortillas Organic Milk	18 Sandwich Rolls Sliced Turkey & Cheese lettuce Fresh Fruit Organic Milk	19 Whole Grain Cheese Ravioli Marinara Sauce Green Beans Tossed vegetable Salad Organic Milk	20 Sloppy Joes (Ground Beef) Whole Grain Hotdog Buns Steamed Broccoli, Pineapple Organic Milk
23 No School	24 No School	25 No School	26 No School	27 No School
30 No School	31 No School			

- This menu is subject to change due to unforeseen circumstances.

Additionally, GPS menus contain more of the following healthy menu items: organic milk, juices that are 100% juice and contain no dyes, whole grain pasta, whole grain and whole wheat breads, low-fat cheese, all-natural applesauce, diced fruits stored in juice (not syrup).