

August/September Breakfast Menu



Monday	Tuesday	Wednesday	Thursday	Friday
19 NO SCHOOL	20 NO SCHOOL	21 NO SCHOOL	22 Whole Grain Pancakes Apple Sauce Organic Milk	23 Blueberry Muffins Chilled Peaches Organic Milk
26 Whole Grain Waffles Applesauce Organic Milk	27 Banana Bread Muffins Blueberries Organic Milk	28 Cinnamon Raisin Bread Fresh Bananas Organic Milk	29 Whole Grain Bread Sun Butter Fruit Cups Organic Milk	30 NO SCHOOL
2 NO SCHOOL	3 Rice Krispie Cereal Fresh Bananas Organic Milk	4 Toasted Whole Wheat English Muffins Jelly Chilled Pears Organic Milk	5 Corn Flakes w/Apples & Raisins Organic Milk	6 Whole Grain Pancakes Mixed Berries Organic Milk
9 Whole Grain Waffles Chilled Peaches Organic Milk	10 Yogurt w/ Whole Grain Granola Blueberries Organic Milk	11 Toasted Oat Cereal Fresh Apple Slices Organic Milk	12 Banana Bread Muffins Blueberries Organic Milk	13 Turkey Sausage Breakfast Potatoes Fresh Orange Wedges Organic Milk
16 Cinnamon Raisin Bread Fresh Orange Wedges Organic Milk	17 Whole Grain Pancakes Cinnamon Apples Organic Milk	18 Yogurt w/Whole Grain Granola Blueberries Organic Milk	19 Bagel w/Cream Cheese Fresh Orange Wedges Organic Milk	20 Breakfast Pizza (Toasted Whole Wheat English Muffin, Cream Cheese & Assorted Toppings) Pineapple Organic Milk
23 Bagel w/Cream Cheese Fresh Orange Wedges Organic Milk	24 Whole Grain French Toast Sticks Apple Sauce Organic Milk	25 Cornflakes Fresh Bananas Organic Milk	26 Whole Grain Pancakes Apple Sauce Organic Milk	27 Blueberry Muffins Chilled Peaches Organic Milk
30 Whole Grain Waffles Applesauce Organic Milk	<p><i>Additionally, GPS menus contain more of the following healthy menu items: organic milk, juices that are 100% juice and contain no dyes, whole grain pasta, whole grain and whole wheat breads, low-fat cheese, all-natural applesauce, diced fruits stored in juice (not syrup).</i></p> <ul style="list-style-type: none"> • This menu is subject to change due to unforeseen circumstances. 			

August/September Snack Menu



Monday	Tuesday	Wednesday	Thursday	Friday
19 NO SCHOOL	20 NO SCHOOL	21 NO SCHOOL	22 AM Whole Grain Cheerios and Organic Milk PM Whole Wheat Bagel w/ Cream Cheese & Jelly	23 AM Orange Slices and Whole Grain Ritz Crackers PM Fruit and Cheese
26 AM Whole Wheat Bagel w/Cream Cheese & Jelly PM Graham Crackers and Applesauce	27 AM Sliced American Cheese and Wheat Thins PM Seasonal Fruit & Vanilla Wafers	28 AM Diced Peaches with Teddy Grahams PM Whole Wheat Bread with Apple Butter	29 AM Vanilla Yogurt and Pineapple PM Pretzels and Applesauce	30 NO SCHOOL
2 NO SCHOOL	3 AM Apple Slices, Pretzels and Sun Butter PM Trail Mix and Juice	4 AM Trail Mix and Juice PM Graham Crackers and Pineapple	5 AM Cereal Bars and String Cheese PM Wheat Thins and Orange Slices	6 AM Pretzels and Sun Butter PM Corn Chex Organic Milk
9 AM Corn Chex Cereal and Fresh Orange Wedges PM Bagel W/Cream Cheese & Jelly	10 AM Seasonal Fruit & Vanilla Wafers PM Goldfish and Juice	11 AM Teddy Grahams and Diced Peaches PM Whole Wheat Tortilla with Apple Butter	12 AM Wheat Thins and Baby Carrots w/Ranch Dressing PM Fruit and Cheese	13 AM Applesauce and Pretzels PM Carrot Sticks and Pita Chips w/ Ranch Dressing
16 AM Goldfish with Fresh Fruit PM Fruit and Wheat Thins	17 AM Vanilla Yogurt and Pineapple PM Fruit and Cheese	18 AM Teddy Grahams and Diced Peaches PM Wheat Thins and Cucumber Slices	19 AM Pretzels & Carrot Sticks w/Ranch Dressing PM Vanilla Wafers and Fresh Fruit	20 AM Wheat Thins and Diced Pears PM Whole Wheat Bread w/ Apple Butter
23 AM Baby Carrots w/ Ranch Dressing and Tortilla Chips PM Vanilla Yogurt and Wafers	24 AM Apple Slices, Pretzels, and Sun Butter PM Trail Mix and Juice	25 AM Wheat Thins and Diced Pears PM Baby Carrots and Pita Chips w/Ranch Dressing	26 AM Whole Grain Cheerios and Organic Milk PM Whole Wheat Bagel w/ Cream Cheese & Jelly	27 AM Orange Slices and Whole Grain Ritz Crackers PM Fruit and Cheese
30 AM Whole Wheat Bagel w/Cream Cheese & Jelly PM Graham Crackers and Applesauce	<p>Additionally, GPS menus contain more of the following healthy menu items: organic milk, juices that are 100% juice and contain no dyes, whole grain pasta, whole grain and whole wheat breads, low-fat cheese, all-natural applesauce, diced fruits stored in juice (not syrup).</p> <ul style="list-style-type: none"> This menu is subject to change due to unforeseen circumstances. 			

August/September Lunch Menu



Monday	Tuesday	Wednesday	Thursday	Friday
19 NO SCHOOL	20 NO SCHOOL	21 NO SCHOOL	22 Chicken Swedish Meatballs Egg Noodles Green Peas Fresh Orange Wedges Organic Milk	23 Cheese Ravioli Marinara Sauce Green Beans Chilled Pears Organic Milk
26 Whole Grain Macaroni and Cheese Steamed Broccoli Diced Pears Organic Milk	27 Whole Grain Spanish Rice with Turkey and Shredded Cheese Sour Cream Chilled Peaches Organic Milk	28 Tomato Soup String Cheese Rolls Salad w/ Ranch Dressing	29 Baked Fish Sticks Steamed Broccoli Fresh Orange Wedges Organic Milk	30 NO SCHOOL
2 NO SCHOOL	3 Vegetarian Taco: Black Beans Shredded Cheese Lettuce Yellow Corn Sour Cream Whole Grain Tortillas Organic Milk	4 Sandwich Roll Sliced Turkey & Cheese Lettuce Fresh Fruit Organic Milk	5 Cheese Ravioli w/ Marinara Sauce Green Beans Tossed Vegetable Salad Organic Milk	6 Sloppy Joes (Ground BEEF) Whole Grain Hot Dog Buns Broccoli Pineapple Organic Milk
9 Cheeseburger Whole Grain Buns Green Peas Chilled Pears Organic Milk	10 Whole Grain French Toast Turkey Sausage Pineapple Organic Milk	11 Grilled Chicken Steamed Broccoli Brown Rice Mandarin Oranges Organic Milk	12 Beefaroni Shredded Mozzarella Cheese Green Peas Pears Organic Milk	13 Chicken Tenders Salad w/Ranch Dressing Fresh Bananas Organic Milk
16 Baked Fish Sticks Steamed Broccoli Fresh Orange Wedges Organic Milk	17 Lightly Breaded Chicken Nuggets Baked Potato Wedges Chilled Peaches Organic Milk	18 Whole Grain Pancakes Chicken Sausage Apple Sauce Organic Milk	19 Chicken Meatball Marinara Sauce Whole Grain Noodle Tossed Salad Chilled Pears Organic Milk	20 Breaded Chicken Patty Whole Grain Bun Peas Fresh Apple Slices Organic Milk
23 Chicken Burger Whole Grain Bun Steamed Green Beans Chilled Peaches Organic Milk	24 Turkey Taco Whole Grain Tortilla Shredded Cheese Lettuce Sour Cream Organic Milk	25 Chicken Tenders Salad w/Ranch Dressing Fresh Bananas Organic Milk	26 Chicken Swedish Meatballs Egg Noodles Green Peas Fresh Orange Wedges Organic Milk	27 Cheese Ravioli Marinara Sauce Green Beans Chilled Pears Organic Milk
30 Whole Grain Macaroni and Cheese Steamed Broccoli Diced Pears Organic Milk	<p><i>Additionally, GPS menus contain more of the following healthy menu items: organic milk, juices that are 100% juice and contain no dyes, whole grain pasta, whole grain and whole wheat breads, low-fat cheese, all-natural applesauce, diced fruits stored in juice (not syrup).</i></p> <p>* This menu is subject to change due to unforeseen circumstances.</p>			