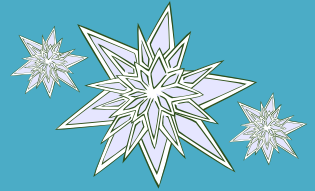


December

Breakfast Menu



Monday	Tuesday	Wednesday	Thursday	Friday
				¹ Whole Grain Pancakes Mixed Berries Organic Milk
⁴ Whole Grain Waffles Chilled Peaches Organic Milk	⁵ Yogurt w/Whole Grain Granola Blueberries Organic Milk	⁶ Toasted Oat Cereal Fresh Apple Slices Organic Milk	⁷ Banana Bread Muffins Blueberries Organic Milk	⁸ Turkey Sausage Breakfast Potatoes Fresh Orange Wedges Organic Milk
¹¹ Cinnamon Raisin Bread Fresh Orange Wedges Organic Milk	¹² Whole Grain Pancakes Cinnamon Apples Organic Milk	¹³ Yogurt w/Whole Grain Granola Blueberries Organic Milk	¹⁴ Bagel w/Cream Cheese Fresh Orange Wedges Organic Milk	¹⁵ Breakfast Pizza (Toasted Whole Wheat English Muffin, Cream Cheese & Assorted Toppings) Pineapple Organic Milk
¹⁸ Bagel w/Cream Cheese Fresh Orange Wedges Organic Milk	¹⁹ Whole Grain French Toast Sticks Apple Sauce Organic Milk	²⁰ Cornflakes Fresh Bananas Organic Milk	²¹ NO SCHOOL	²² NO SCHOOL
²⁵ NO SCHOOL	²⁶ NO SCHOOL	²⁷ NO SCHOOL	²⁸ NO SCHOOL	²⁹ NO SCHOOL

- This menu is subject to change due to unforeseen circumstances.

Additionally, GPS menus contain more of the following healthy menu items: organic milk, juices that are 100% juice and contain no dyes, whole grain pasta, whole grain and whole wheat breads, low-fat cheese, all-natural applesauce, diced fruits stored in juice (not syrup).



December

Snack Menu

Monday	Tuesday	Wednesday	Thursday	Friday
				1 AM Pretzels and Sun Butter PM Corn Chex and Organic Milk
4 AM Corn Chex and Orange Slices PM Bagel w/Cream Cheese & Jelly	5 AM Fruit and Vanilla Wafers PM Goldfish and Juice	6 AM Teddy Grahams and Bananas PM Whole Wheat Tortilla w/Sun Butter	7 AM Wheat Thins and Baby Carrots w/Ranch Dressing PM Fruit and Cheese	8 AM Applesauce and Pretzels PM Carrot Sticks and Pita Chips w/ Ranch Dressing
11 AM Goldfish with Fresh Fruit PM Rice Krispie Treat and Orange Slices	12 AM Vanilla Yogurt and Pineapple PM Fruit and Cheese	13 AM Teddy Grahams and Diced Peaches PM Wheat Thins and Cucumber Slices	14 AM Pretzels & Carrot Sticks w/Ranch Dressing PM Vanilla Wafers and Fresh Fruit	15 AM Wheat Thins and Diced Pears PM Whole Wheat Bread w/ Apple Butter
18 AM Baby Carrots w/Ranch Dressing and Tortilla Chips PM Vanilla Yogurt and Wafers	19 AM Apple Slices, Pretzels, and Sun Butter PM Trail Mix and Juice	20 AM Wheat Thins and Diced Pears PM Baby Carrots and Pita Chips w/Ranch Dressing	21 No School	22 No School
25 No School	26 No School	27 No School	28 No School	29 No School

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Additionally, GPS menus contain more of the following healthy menu items: organic milk, juices that are 100% juice and contain no dyes, whole grain pasta, whole grain and whole wheat breads, low-fat cheese, all-natural applesauce, diced fruits stored in juice (not syrup)

December

Lunch Menu



Monday	Tuesday	Wednesday	Thursday	Friday
				1 Sloppy Joes (Ground Beef) Whole Grain Hot Dog Buns Broccoli Pineapple Organic Milk
4 Cheeseburger Whole Grain Bun Tater Tots Fresh Fruit Organic Milk	5 Whole Grain French Toast Turkey Sausage Pineapple Organic Milk	6 Grilled Chicken Steamed Broccoli Brown Rice Mandarin Oranges Organic Milk	7 Beefaroni Shredded Mozzarella Cheese Green Peas Applesauce Organic Milk	8 Chicken Tenders Salad w/Ranch Dressing Fresh Bananas Organic Milk
11 Baked Fish Sticks Steamed Broccoli Whole Grain Rolls Fresh Orange Wedges Organic Milk	12 Lightly Breaded Chicken Nuggets Baked Potato Wedges Chilled Peaches Organic Milk	13 Whole Grain Pancakes Chicken Sausage Apple Sauce Organic Milk	14 Chicken Meatballs Marinara Sauce Whole Grain Noodles Tossed Vegetable Salad Chilled Pears Organic Milk	15 Breaded Chicken Patty Whole Grain Bun Peas Fresh Apple Slices Organic Milk
18 Chicken Burger Whole Grain Bun Steamed Green Beans Chilled Peaches Organic Milk	19 Turkey Taco Whole Grain Tortilla Shredded Cheese Lettuce Sour Cream Organic Milk	20 Chicken Tenders Salad w/ Ranch Dressing Fresh Bananas Organic Milk	21 No School	22 No School
25 No School	26 No School	27 No School	28 No School	29 No School

- This menu is subject to change due to unforeseen circumstances.

Additionally, GPS menus contain more of the following healthy menu items: organic milk, juices that are 100% juice and contain no dyes, whole grain pasta, whole grain and whole wheat breads, low-fat cheese, all-natural applesauce, diced fruits stored in juice (not syrup).